

Region 7E Adult Mental Health Initiative Governing Board  
**Consumer/Family Member Representative Application**

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**Position Title: Consumer/Family Member Representative**

Region 7E Governing Board is looking for a **Consumer/Family Member Representative (CFMR)** who has a personal belief in and hopefulness for recovery, an interest in the development of local mental health services, who can help identify gaps in mental health services, model wellness, demonstrate self-advocacy, and has knowledge of local community resources that support recovery goals.

**Position Job Description:**

The CFMR will comply with Governing Board Member Responsibilities as written in the Bylaws:

- To attend all regularly scheduled meetings of the general membership, assigned work groups and Governing Board for a two-year term.
  - Monthly Governing Board Meetings:
  - Bi-monthly LAC (Local Area Council) Meetings:
  - Additionally requested special meetings (not to exceed five additional days annually).
- To serve at the discretion of the membership in carrying out policies and procedures set forth by them at regularly scheduled meetings.
- To focus on the long-range vision and strategic plans for the Advisory Committee.
- Give recommendations and assistance as requested on matters related to Mental Health Services design and delivery within Region VII-E.
- To provide the respective Local Adult MH Advisory Council or in its place to the County Board a report of unmet mental health needs residing in the represented county to be included in the county's biennial mental health component of the community social services plan.
- Give recommendations and assistance as requested on matters related to Mental Health Services design and delivery within Region VII-E.

The CFMR will also possess the ability to:

- Support the board's mission and purpose with the goals of the board in mind;
- Clearly define and articulate the organization's mission, accomplishments and goals to gain support from the community to enhance the board's public image;
- Exercise the duty of loyalty to the board and other board members. While differences of opinion will likely arise, board members should keep disagreements impersonal. By practicing discretion and accepting decisions made on a majority basis, the board can accomplish unity and confidence in its decisions.
- Contribute to the proceedings and discussions of the Region 7E Governing Board;

- Demonstrate strong team player qualities with excellent interpersonal and communication skills;
- Articulate ideas through demonstration of receptive and expressive language skills;
- Display insight into issues raised;
- Conduct him/herself in a diplomatic and respectful manner;
- Review agenda and supporting materials prior to board and committee meetings;
- Separate personal and larger community needs in order to demonstrate advocacy for all stakeholders;
- Appreciate and respect separate roles, autonomies, collaborations and impacts of decisions and discussions to individual, community, county and service providers;
- Demonstrate healthy personal and professional boundaries;
- Complete assigned action items in a timely manner;
- Follow conflict of interest and confidentiality policies, laws and expectations;
- Adhere to legal and ethical standards and norms;
- Be at least 21 years of age;
- Have a GED, high school diploma or higher education;
- Have or have had or have a family member with a primary diagnosis of mental illness;
- Have the reading and writing skills needed to complete action items assigned by 7E Governing Board;
- Be aware of, and follow, board policies and procedures including those regarding confidentiality, HIPAA, compliance and personnel policies.

#### **COMPENSATION:**

- Mileage reimbursement from home to Region 7E Governing Board meeting (rate will follow current Isanti Counties mileage reimbursement policy);
- Daily per diem of \$100.00 (for any length of time up to 8 hours in one day);

Submit your completed application to Natalie Matthewson- R7E AMHI Planner via email, fax or mail: [nmatthewson@resourcetraining.com](mailto:nmatthewson@resourcetraining.com). 320-255-2998 or 137 23<sup>rd</sup> St. South, Suite 201, Sartell, MN 56377

You will be contacted by the Interview Committee to schedule an interview.

If you have questions about this Application or the duties of the Consumer/Family Member Representative, Please contact Region 7E AMHI Planner:

Natalie Matthewson [nmatthewson@resourcetraining.com](mailto:nmatthewson@resourcetraining.com). Phone: 320-266-4253

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***Applicant Information:***

Full Name					
Home Address					
City		State		Zip Code	
Email			Home Phone		
Cell Phone			Work Phone		

***Please check all of the following that apply to you:***

- I am 18 years or older.
- I identify myself as a person who has direct personal experience living with mental illness or dual diagnosis and recovery.
- I have a family member with mental illness or dual diagnosis.

Level of education:

- High School
- GED
- College: \_\_\_\_\_

**I have read the job description and believe I meet the listed qualifications.**

***Please answer the following questions, attaching a separate sheet if necessary:***

1. Briefly, what do you see as the role of Consumer/Family Member Representative?

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2. Why do you want to become a Consumer/Family Member Representative?

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3. What personal qualities do you possess that would make you an effective Consumer/Family Member Representative?

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4. What specific experience have you had in advocating for persons with mental illness or dual diagnosis?

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***References:***

Professional Reference Name	
Phone Number	
Personal Reference Name	
Phone Number	

***Applicant Signature:***

Dated: \_\_\_\_\_ Signature: \_\_\_\_\_  
Consumer/Family Member

***Signature of person who assisted with completing this Application, if any:***

Dated: \_\_\_\_\_ Signature: \_\_\_\_\_